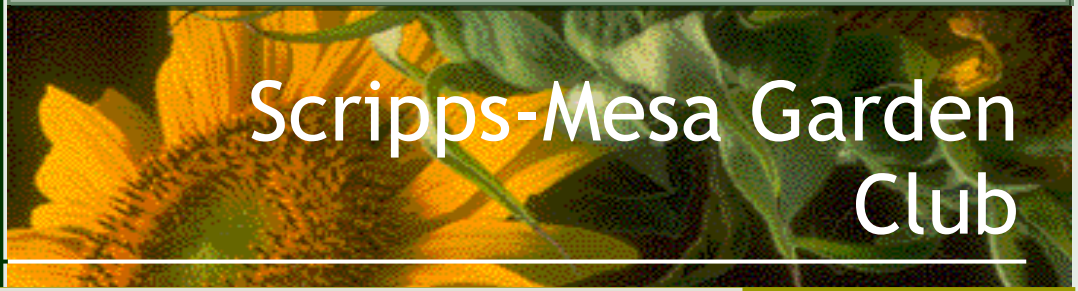


*Flourishing in our gardens*

Volume 7, Issue 3  
MARCH, 2020  
Club Founded by Cindy  
Drake in 1993

*Gardeners know  
the best dirt*



# Scripps-Mesa Garden Club

## *Greetings Fellow Gardeners,*

Our young speaker, Kevin Espiritu, at our February Garden Club Meeting was perhaps the most honest and forthright speaker I've ever heard. He explained to us he had no education or formal training in the fields of gardening or horticulture. He said that he had gleaned all of his information about gardening from being totally self taught.

It was very interesting listening to his presentation as one began to realize that he had only focused on things that helped him expand his knowledge of high production of edibles in small areas. As Kevin continued his presentation I realized there wasn't a lot of in-depth knowledge outside his area of his specialty. However, I felt I learned a great deal from him about growing edibles in a small space. It was most interesting that he turned a review of his book "Urban Gardening", into a Question and Answer Session thus using the book review as his entire presentation.

Louise Badham and Jean Bruckner provided a festive refreshment table, complete with fun Valentine's goodies. Delicious and much thanks!

Please, remember our Garden Club Members, who have not paid their dues for 2020 Garden Club Season, March is the month to get it taken care of. If you haven't already, please, contact Char Fitzgerald, the Treasurer of our group to make your annual dues payment. Only paid members will receive future newsletters.

Remember spring is the time of rebirth and excitement in our gardens. So, enjoy and participate greatly! Also, remember if it's a spring of little rain it's most important that you water, water, water!



Sincerely,

*Bob Gale*

**Next Meeting  
March  
24th  
6 pm.**

**SR Library  
Community Rm**



**Orchid  
Growing  
Expert  
Chuck  
McClung  
"How Orchids  
Rebloom"**

## 2020 Garden Club Officers

**President**  
TBD

**Secretary**  
Jackie Brown

**Speakers**  
Helen Plutner &  
Lynnell Hallock

**Room Coordinator**  
Louise Badham

**Refreshments ...**  
Susan Castellana

**Treasurer ...**  
Char Fitzgerald

**Newsletter &  
Publicity...**  
Denise Stewart



## Chuck McClung to Share His Orchid Knowledge in March

I completed my Master's Degree in Botany in 1996 from Washington State University and have worked in ecological and botanical research for the University of Illinois – Chicago, Oregon State University, and the University of Montana. Long ago I gained a lot knowledge working in commercial greenhouses and nurseries. But it was all my over 20 years experience in large, family-owned independent garden centers and nurseries where I really honed my skills helping others find happiness successfully growing and tending to their favorite plants.



## Club Toured Farmer Roy's Spring Garden

A perfect follow-up to Farmer Roy's talk on cool season gardening at our February meeting was a tour of his gardens in Poway.

Farmer Roy led members into his variety of plantings and explained his formulas for soil enrichment, staggered planting, watering and harvesting the veggies that nourish the patients at Cadence Care Home.



## Daffodil Show

Sat., March 21st

Sun., March 22nd

Julian Town Hall

12 -5 pm Free

*The town of Julian is surrounded by daffodils*



Sunday, March 29

## Garden Club Field Trip

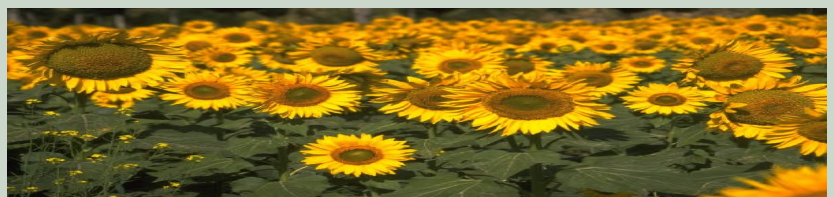
### City Farmers Nursery

3110 Euclid Ave. San Diego, CA 92105

There is limited parking so carpooling suggested. Adjacent is Nate's Garden Grill for a casual lunch, if there is interest.

## Scripps-Mesa Garden Club Newsletter

11152 Caminito Vista Pacifica  
San Diego, CA 92131



Contributions of articles, suggestions, artwork, and gardening tips are warmly welcomed. This newsletter belongs to the Scripps-Mesa Garden Club members and is intended to reflect their gardening interests and experiences. Please take part in its mission and contribute an article or a photo.



# A Touch of Ireland Along a Local Trail

Friends in Welcome Club's Trail Walkers spotted this reminder of the Emerald Isle while trekking a local pathway. However, they couldn't find the leprechauns who planted it.

*Photo contributed by Janelle Boustany*

**Only 2 more weeks until the 2020  
San Diego Master Gardeners Spring Seminar:  
Sat. March 21!  
Register before sessions sell out!**

Don't miss this popular annual event featuring classes, workshops, a marketplace and more at the San Diego County Operations Center.

**For a list of classes and to register contact:  
[www.MasterGardenerSD.org](http://www.MasterGardenerSD.org)**

## Walter Andersen Nursery

12755 Danielson Ct., Poway 92064-all classes **9:30am**

**Saturday, March 14**-Seed Starting Workshop with Brijette from San Diego Seed Co. \$35 materials fee. RSVP 858-513-4900

**Saturday, March 21**-Spring Vegetables with Richard Wright

**Saturday, March 28**-Fruit & Vegetable Lore with George



## Farmer Roy at Cadence Care

12695 Monte Vista, Poway, 858-674-1255 **10:30 am**

**Saturday, March 21st** Culinary Herbs with Farmer Roy

**Saturday, April 18th** is Vermiculture & Boshashi Composting -Master gardeners -Heather Holland and Shital Parikh

**Saturday, May 16<sup>th</sup>** Pictorial History of Poway and the Rest of San Diego County Agriculture and Horticulture Speaker: John Clements, Director of Horticulture at San Diego Botanic Gardens and horticultural expert

Seating limited to the first 45 RSVPs

**Saturday, June 20<sup>th</sup>** Extending Your Summer Harvest and Seed Starting Workshop

Speakers: Brijette Pena, owner of San Diego Seed Co. and Farmer Roy, Director of Horticulture at Cadence at Poway Gardens

# Minutes Feb. 25, 2020 Scripps-Mesa Garden Club

**Submitted by Jackie Brown, Secretary**

Held in the Community Room of Scripps Ranch Library 6pm

New / Old Business:

Lynell Hallock Introduced new visitors and invited them to share reasons for attending the meeting  
Reminded everyone about 2020 dues (\$30) payable to treasurer Char Fitzgerald.

Discussed need for new President to support the Board and general membership.

Invited everyone to tour Cadence Gardens in Poway on Saturday at 1 pm (RSVP).

Discussed March outing to City Farmers Nursery with lunch after - Date Sunday March 29.

Announced March speaker will be Chuck McClung - Care and re-blooming of Orchids.

## **Speaker: Kevin Espiritu of Epic Gardening**

Topic: Urban Gardening

In 2015 he started his website Epic Gardening where he shares his journey growing plants. Epic Gardening includes an Instagram community, a YouTube channel, and a podcast.

Kevin is a self taught gardener with 8 years experience. His philosophy centers on growing plants no matter where you live. Kevin has a front yard thriving garden in San Diego.

Kevin introduced us to his book Field Guide to Urban Gardening and discussed 6 successful methods he has used over the years for his Urban garden. He prefaced with no need to have acreage to grow plants and veggies. Listed below are 6 ways to achieve your perfect urban garden depending on the type, size and area that you live in.

1. Container Gardening
2. Raised bed Gardening
3. Vertical Gardening
4. Indoor edibles
5. Balconies and rooftop gardening
6. Hydroponics

He discussed starting edible vegetables from seed indoors with grow light for best results.

Container garden home recipe: 1/3 Compost (for food) 1/3 Perlite (for drainage),  
1/3 Vermiculite (for holding water)

Soil should be amended with harvesting - no need to change out completely, just add new compost and mix  
Raised beds can be either wood or galvanized metal troughs (Bernie's Garden Products)

Vertical gardening tips: Avoid casting shade on other plants underneath, north facing wall, peas, tomatoes, cucumbers, and even melons!

Indoor edibles are micro greens that can last all year. Multiple harvests can be done on these little plants for the freshest salads. (Pea shoots, Sunflower shoots, classic lettuces)

Hydroponics can be challenging but rewarding. Need constant water source.

Seed sources: Brigitte Seed Company, Urban Farmer Store, SR seed Library (new)

Question and answer session was lively and informative.

Book: Field Guide to Urban Gardening by Kevin Espiritu, Cool Springs Press, c 2019

