

Volume 7, Issue 7  
July, 2020

*Gardeners know  
the best dirt*

**Website:**  
[scrippsmesagardenclub.com](http://scrippsmesagardenclub.com)

*Flourishing in our gardens*

# Scripps-Mesa Garden Club

## *Our Gardens Celebrate Summer*



Bob Gale's garden at his Mira Mesa home hosts a huge variety of flora and fauna. It provides an elegant morning tour as he inspects the new growth and changes that start his day with a pleasurable experience.

"As I am walking, I always think of new things I can do to improve my garden, but I also take time to thoroughly enjoy what I've accomplished," Bob commented.

(L - R) 1. Spider plants, Wandering Jew. 2. Sticks of Fire, Texas Privet, Lemon Eucalyptus Tree. 3. David Austin Rose, Brugmansia Plant and Brazilian Pepper tree.

**S-M Garden Club  
Website**

***scrippsmesagardenclub.com***

***(See notice p.5)***

*If you want a guided tour of the Garden Club website, please contact our webmaster, Brydon Bennett, at*

***bcjj@sbcglobal.net***

*and he will help you navigate through the site over the phone.*

## **2020 Garden Club Officers**

**President**

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**Secretary**

Jackie Brown

**Speakers**

Helen Plutner &  
Lynnell Hallock

**Room Coordinator**

Louise Badham

**Refreshments ...**

Susan Castellana

**Website**

Brydon Bennett

**Treasurer ...**

Char Fitzgerald

**Newsletter &  
Publicity...**

Denise Stewart

## Garden Hacks That Are Kind To The Environment



Be creative and work with what you have!  
My very early garden was enjoyed by birds! Christmas decorations and holiday flags and whirly gigs worked to scare them away!

Don't dispose of the foil bags that cold/frozen deliverables arrive in. Cut the bags into strips and hang in the garden. They move freely in the wind and keep the birds and critters away! I keep adding more so the birds never get used to the same thing!

*Contributed by Susan Castellana*



**You are never too old to play in the dirt.  
Gardening is dirt cheap therapy.**

Scripps-Mesa Garden Club Newsletter

Email: [denise.stewart@hotmail.com](mailto:denise.stewart@hotmail.com)



Contributions of articles, suggestions, artwork, and gardening tips are warmly welcomed. This newsletter belongs to the Scripps-Mesa Garden Club members and is intended to reflect their gardening interests and experiences. Please take part in its mission and contribute an article or a photo.

## Tall Rosa Sally Holmes Is a Repeat Bloomer

By Bob Gale

If you want a healthy, disease resistant, vigorous, and beautiful, show stopping rose bush in your garden you really need to choose a Rosa Sally Holmes. My new 3 year old Sally Holmes is just over 12 ft tall. It is a fabulous repeat bloomer that is so vigorous and healthy. It's tolerant of poor soil and it is very heat tolerant. It absolutely loves the climate here in San Diego and blooms nearly 12 months a year.

This beautiful rose bush was bred in 1976 by an amateur rose breeder Robert Holmes in the UK. He used Rosa Ivory Fashion and Rosa Ballerina as the parentage for this new rose. Then he named the beautiful, vigorous, disease-resistant resulting new rose bush after his wife "Sally." The Rosa Sally Holmes has won several World Rose Awards. Then in 2012 Rosa Sally Holmes was introduced into the Rose Hall of Fame as the "World's Favorite Rose." The addition of a Rosa Sally Holmes will add beauty and drama to your Garden.



## More Garden Hacks That Are Kind To The Environment

- \* Baking soda is great for getting rid of moss or mildew on sidewalks or other cement areas. You can even use it on bricked area if you've got a lot of moss growing there. It changes the pH value on the surface.
- \* If one sprinkles baking soda on grasses and weeds growing in the sidewalk cracks, good results should prevail.
- \* When snails are a problem in outdoor potted plants, circle the base of the plant with pennies. Problem solved.
- \* White fly on tomato plants. Day 1: Hit with water and then spray with a solution of 1 teaspoon olive oil, 1 t. dish liquid and the rest water in a spray bottle of water ( 1 qt.) Day 5: Repeated. Day 10: Repeat. This takes care of the fly's, the larva and the eggs. It worked. Repeat the next time you see the white fly.
- \* Epsom salts will help tomato and pepper plants grow and produce larger, tastier yields. Late in the season it increases tomato and pepper yield and keeps plants green and bushy; early in the season added to the soil to aid germination, early root, to prevent blossom-end rot and more. Two tablespoons of Epsom salt to a gallon of water once a month, one tablespoon of Epsom salt per foot of plant height around the base of each plant. Sidedress plants every six weeks beginning soon after leaves appear and continuing through the end harvest.
- \* After boiling eggs for breakfast or a salad, pour the cooled water with all the calcium in it on your plants.

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I thought I was suffering from Lockdown. Turned out I just needed more flowers.

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## ***What a Difference Two Weeks Can Make!***

*Susan Castellana's garden made a dramatic change in only two weeks of this year's growing season.*

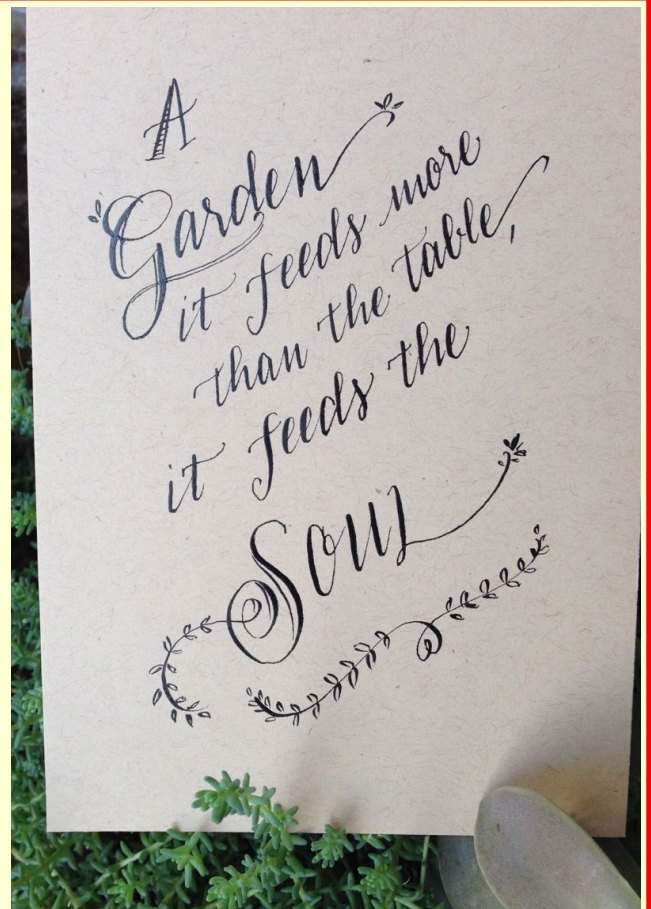
*On May 10th she took a photo of her red Shirely Poppies. (Right)*

*On June 25, in the same area of her front entry was adorned with pink roses. (Below)*



## July Garden Chores

1. **Start Seeds** July is the perfect time to start your seeds for okra, collards, tomatoes, beans, and eggplant. You'll be ready to transplant them in a month or two to have a delicious fall harvest.
2. **Fertilize** When it gets hot, your plants will sometimes need a boost. July is a great time to give it to them. Any veggies or flowers which look in need of some help, fertilize them this month.
3. **Harvest** In zone ten, July is most likely going to be a hot month. Therefore, any vegetable or fruit you're producing which is heat sensitive should be harvested now. This will ensure you get to keep your harvest instead of losing it to too much sun.
4. **Prune** fruit trees after crop is done to remove unwanted branches.
5. **Renew** mulch throughout the garden to 3 inches thick. Keep it away from tree trunks.



Scripps Ranch Library is mailing out seeds while they last.

**Seed Library-By-Mail!** Yes, that's right: order seeds from home and take advantage of the growing season! Instructions and guidelines here:

<http://srfol.org/seed-library.htm>

### Contribute a Web Post.

When you visit the club website homepage, <https://scrippsmesagardenclub.com>, you will see 3 picture posts displayed below the **Flourishing in our gardens** banner. These are provided by club members and are your opportunity to share something of interest for the whole club to enjoy. Especially in this time without club meetings, it is a great way to be connected. All you have to do is email a photo and a short written description to our webmaster at [bcjj@sbcglobal.net](mailto:bcjj@sbcglobal.net) and he will do the rest to get it displayed on the website.

*Just want to work in my garden and hang out with my flowers.*

